



### Filling the gap in intensive care - sharing an experience



Birgitte Graverholt, Hege Myklebust, Stig Rusås Jensen & Monica Wammen Nortvedt

BERGEN UNIVERSITY COLLEGE & HARALDSPLASS HOSPITAL



# OBJECTIVES



# •1 To gain academic insight to the process of EBP

• 2 To inform practice



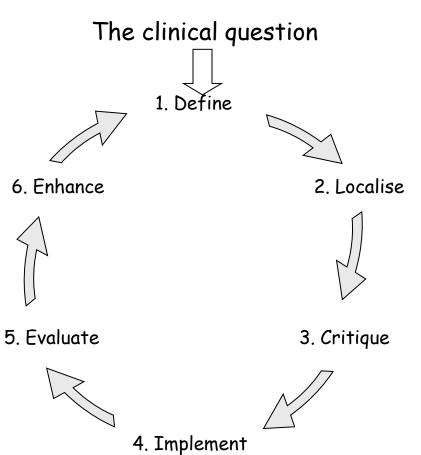


### METHODS



### THE EVIDENCE-BASED CIRCLE









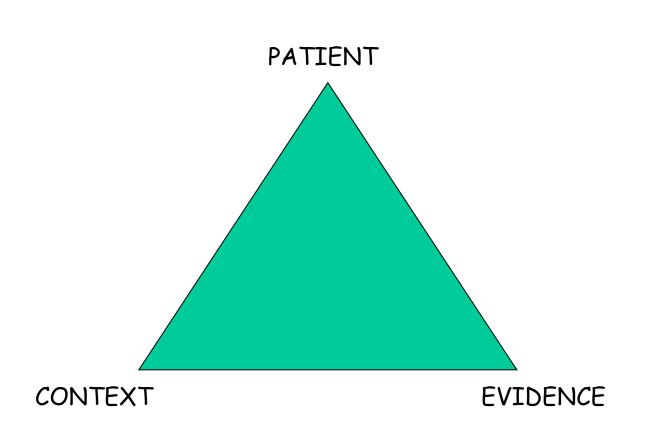
### PICO

- P population
- I intervention
- C comparison
- O outcome



#### THE CONTEXTUAL TRIAD







# RESULTS



 The general knowledge about EBP has risen within our hospital

 The awareness of how to locate and access research has increased.



# RESULTS cont.



- A strengthened clinical practice
- An identification of a an area in need for further research



# CONCLUSION



- EBP was evaluated as a useful approach to answer clinical queries based on best research.
- Every member of the project group had to independently gain academic insight of every step of the circle.



